

NEWSLETTER

ASSUMPTION PRESCHOOL AND PREKINDERGARTEN

This week's news ~ April 8-12, 2024

Preschool:

- **Tuesday**, we started a new topic in preschool. We will be learning about mother and baby animals. Today we talked about horses, mothers are “mares” and babies are “foals”.
- We created a spring counting picture using fingerprints and watercolors at center time. We also worked on lacing (and unlacing) and we matched pictures of mother animals to their babies. We moved to an animal counting rhyme, and to how horses move.
- We read a book about horses and one by Eric Carle, The Artist Who Painted a Blue Horse.
- We had partner play, outside recess with digging tools, and we practiced how to “come out of our cocoon, like a butterfly”, to face new challenges during Monkey Mind.
- **Thursday**, we talked about Cows and Calves. We learned how a calf grows, and how cows help people. We sang a cow number song and we moved to a cow action song. We also looked at a book “From Calf to Cow”.
- We practiced recognizing alphabet letters and took turns putting the alphabet in order. We also practiced recognizing numbers 1-5 and counted out manipulatives.
- We talked about what happened after Jesus rose at Easter time, how he taught his disciples to go out and talk about God.
- For those who stayed all day, we played outside once more and we learned how to relax our bodies by squeezing tight, then relaxing all muscles, with Monkey Mind. We also looked at a book about baby animals that can be found here in the Pacific Northwest.

HOMEWORK (for the year):

Parents: Teaching your child a balanced, life-long healthy lifestyle can be a year-long goal by encouraging them to spend a good portion of the day outside, where they can exercise, get fresh air, explore God’s beautiful nature, and learn new skills. To promote healthy minds: drawing, coloring, cutting, writing, and reading to them (every day) are invaluable as well as limiting time in front of the TV and devices.

Prekindergarten:

- **Monday**, we noticed the changes in the classroom brought on by a new month. We learned our new focus will be on planting and growing in the month of April. Today we talked about seeds and their growing cycle. We drew and colored a picture with 6 stages of the seed cycle. We also wrote and numbered the labels.
- We had fun in music class with Ms. Varon, where we moved to “Shaker Egg” and “One Green Jellybean”.
- We had fun with our 4th grade buddies. They hid Easter eggs outside, then helped us find them. They also brought a healthy snack and ate with us at snack time.
- Monkey mind had us practicing how to control our negative feelings by imagining refreshing rain washing us from head to toe and washing away those emotions. The children were able to name those emotions thoroughly.
- We read about what happened after Jesus’s Resurrection- the Ascension, and the Pentecost, when the Apostles and Mary were infused with the Holy Spirit.

KEEP SCROLLING FOR MORE ...

- **Wednesday**, we talked about dirt. We brought dirt in from our yards and studied it under a magnifying glass, with tweezers, and using shovels. We recorded our findings on an “investigation” paper. Did we find rocks, sticks, plants, or bugs? We then made mud! We also learned about the three main components of soil: sand (water goes through easily), silt (harder for water to get through), and clay (water cannot go through). We used our body movement to illustrate these facts.
- We planted pumpkin and sunflower seeds in damp paper towels and set them in the window to observe.
- We practiced writing letters X,x and the number 6.
- Today was an early release day.
- **Friday**, we talked about seeds and how they grow. We read a book and looked at the pictures about seeds.
- We came up with reasons why we love Mr. Anderson (for a going away surprise) and Mrs. Kim (national Librarian Day).
- We practiced a fire drill and a lockdown drill. We were reminded how important our drills are and to listen quietly to the directions given during the drill.
- We hit balloons into the air with different tools: bowling pin, noodle, lollipop, and frisbee, during PE with Coach Eager.
- Our Seeds religion lesson today was about the emotions the disciples must have felt when Jesus appeared to them after they thought he was dead. We completed the Seeds handout by cutting and drawing. We also talked about Commandment #7 – Always keep your promises and put it into our tablets.
- For those who stayed the whole day, we had afternoon outside play, and we visited the library where Mrs. Kim read a book and we had a coloring project.

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- *Please remember, every Wednesday is an early release day at 2:00 p.m.*
- *One of our many goals is to teach independence to your child. We ask them to attempt all self-care (toileting, putting on shoes, putting on jackets, carrying their bags, hanging up their backpacks and coats, etc.) by themselves before helping if needed. We would appreciate if you would support this at home by allowing them to do as much as they can. They will surprise you!*

KEEP SCROLLING FOR MORE ...

Upcoming events in April, 2024

- **April 16th** – Class pictures with dress uniforms for preschool and K-8 (*8th grade has free dress: see guidelines in handbook*)
- **April 17th** – Class pictures for the Prek class
- **April 24th** – PTC General Meeting 7pm
- **April 26th** – Prek will attend Mass
- **April 26th** – Variety Show 7pm
- **April 29th** – Teacher Appreciation Week Begins
- **May 1st** – May Crowning of the Blessed Virgin Mother-8:15am
- **May 2nd** – **FUN RUN DAY**
- **May 3**– Mother's Day Baskets pick up after school 3-4pm
- **May 4** – Mother's Day Baskets 9-10am and Father/Daughter Dance @ 6pm

PLEASE SEE THE WEDNESDAY NEWSLETTER ON ASSUMPTION SCHOOL WEBPAGE FOR MORE INFORMATION ON ANY OF THE ABOVE.

<https://school.assumption.org/parent-resources/school-news/>