

# NEWSLETTER

## ASSUMPTION PRESCHOOL AND PREKINDERGARTEN

*This week's News ~ Jan. 29-Feb. 2, 2024*

### Preschool:

- **Tuesday** was family day and “dress as your favorite movie character” for Catholic School’s Week. We had some characters and lots of visitors for lunch.
- We talked about animal tracks in the snow. We read 2 books showing different animals and we created a picture using ripped paper for snow, chose and glued 3 animals and matched them to their tracks. We also colored a picture of animal tracks, and played a game finding tracks in the classroom and matching them to their animal.
- We worked on matching and naming shapes, counted down with 5 Little Monkeys movement song.
- In the afternoon we practiced some good manners, learned a relaxing technique with Monkey Mind, read a fun “How to find a Yehti” story, and looked at books.
- **Thursday**, we began the new month with nursery rhymes and our feelings. We recognized some old nursery rhymes by looking at posters around the room, and we colored the cover page to the nursery rhyme book we will be making. We also identified pictures of faces that showed some of the feelings we might have.
- We practiced listening to directions for the game “Simons Says”. We listened to a book “There is a Baby in the House”.
- We learned how we can pray to help with our own feelings at Chapel Time.
- After afternoon outside play, we talked about some safety issues that came up, remembered our rules, talked about our “inner flower” in our hearts with Monkey Mind, and read a bible story about “The Lost Sheep”.

### HOMEWORK (for the year):

**Parents: Teaching your child a balanced, life-long healthy lifestyle can be a year-long goal by encouraging them to spend a good portion of the day outside, where they can exercise, get fresh air, explore God’s beautiful nature, and learn new skills. To promote healthy minds: drawing, coloring, cutting, writing, and reading to them (every day) are invaluable as well as limiting time in front of the TV and devices.**

### Prekindergarten:

- **No School Monday**
- **Wednesday**, we talked about the Northern Lights, where they can be observed and what makes the phenomenon happen. We looked at pictures and watched a video. We then created our own art by cutting out triangles for trees and trunks, gluing them and then used oil pastels.
- We talked about the letters O,o, then practiced writing it, and the letters L, M, N. We did some animal action dancing, and we talked about how to be patient when waiting in line. We also talked about using good manners when asking for something.
- Today was our early release day.

**KEEP SCROLLING FOR MORE ...**

- **Friday**, we learned what the 10 Commandments were. We will be learning a song and creating a “Tablet” with the commandments in them. We heard the story of Moses and how he was saved as a baby.
- We also talked about living and no-living things. We searched the room for examples and made a poster with the questions that determine what it they were. We circled living things, colored, and drew an example of each- living and non-living, on a page.
- We made up moves to do with scarves at PE in the gym with Mrs. Twining.
- We talked about how Jesus can make us feel better with prayer, and we drew a picture of what makes us feel better when we are sick for Seeds religion.
- We listened to a story about Groundhog’s Day and checked out books from the library with Mrs. Kim.

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- Please remember, every Wednesday is an early release day at 2:00 p.m.
- One of our many goals is to teach independence to your child. We ask them to attempt all self-care (toileting, putting on shoes, putting on jackets, carrying their bags, hanging up their backpacks and coats, etc.) by themselves before helping if needed. We would appreciate if you would support this at home by allowing them to do as much as they can. They will surprise you!

## *Upcoming events in January & February*

- **Feb. 7** – State of the School Presentation- Mr. Anderson 7:00 p.m.-gym
- **Feb. 11** – Superbowl Party Fundraiser 2-8pm in the gym
- **Feb. 13<sup>th</sup>**– Red, Pink and White Day, Valentine’s Day celebrated today! (P-8)
- **Feb. 14<sup>th</sup>**– Red, Pink and White Day (**Prek only**)
- **Feb. 14<sup>th</sup>**– Ash Wednesday, School Mass at 12:30 pm (Prek **not** attending)
- **Feb. 16** – No school/ Curriculum Day for staff
- **Feb. 19<sup>th</sup> and 20<sup>th</sup>** – No school for President’s Day and Midwinter Break
- **Feb. 23<sup>rd</sup>** – Used Uniform Sale
- **March 1<sup>st</sup>**– Enrollment for New Families Begins
- **March 2<sup>nd</sup>** – Growing Great Kids Auction and Gala -5pm Hotel Bellwether

**PLEASE SEE THE WEDNESDAY NEWSLETTER ON ASSUMPTION SCHOOL WEBPAGE FOR MORE INFORMATION ON ANY OF THE ABOVE.**

**<https://school.assumption.org/parent-resources/school-news/>**