

NEWSLETTER

ASSUMPTION PRESCHOOL AND PREKINDERGARTEN

This week's News ~ February 5-9, 2024

Preschool:

- **Tuesday**, we talked about our happy feelings. We reported things that make us happy and how to see a happy face on someone. We also drew a happy face to start our "Feelings Books" and wrote our happy feelings. We read "Why can't I be Happy all of the Time?" and listened and danced to the song, "Happy".
- We started filling our Nursery Rhymes book with "Humpty Dumpty". We read the rhyme out of different Nursery Rhymes books, read a full story, and we colored and cut a 'Humpty Dumpty' egg and glued it on a wall.
- We practiced our ABC song and recited ABC's individually.
- **Thursday**, we talked about our sad feelings and reported what makes us sad. We completed a sad face in our feelings books and read a book about a sad hippo.
- We also talked about another nursery rhyme, Jack and Jill. We read it on a poster, re-enacted it with felt pieces, traced lines going up the hill, and cut lines following directions. We colored the pictures on the pages.
- We played a game "Who's Missing" among our friends. Someone is covered by a blanket while the others cover their eyes. Then the children guess who it is under the blanket.
- In the afternoon, after outside recess time, we calmed our bodies to "Monkey Mind", which led us to thinking about "what we are good at". We also revisited many of our outside rules.

HOMEWORK (for the year):

Parents: Teaching your child a balanced, life-long healthy lifestyle can be a year-long goal by encouraging them to spend a good portion of the day outside, where they can exercise, get fresh air, explore God's beautiful nature, and learn new skills. To promote healthy minds: drawing, coloring, cutting, writing, and reading to them (every day) are invaluable as well as limiting time in front of the TV and devices.

Prekindergarten:

- **Monday**, we talked about friendship. We thought of words that describe what a friend is. We cut, glued and put finishing touches on a friend"ship" art project, which also had our words of friendship on it.
- We worked on putting the alphabet in order using our own letters. Our practicing has made us better at it. We also learned about the letter of the week, P. We practiced the sound and found words that begin with P.
- We started our Personal Safety lessons with car safety. We practiced buckling up every time we get in the car and to be calm and quiet so the driver can concentrate.
- **Wednesday**, we talked about how to make friends. We sang friendship songs and played a friendship game.
- We practiced writing letters P,p and the numbers 2 and 3. We also separated letters from numbers – a K skill, along with putting numbers 1-10 in order.
- We experimented with fingerpaints, mixing the colors red and blue, making purple.
- Our social emotional learning today was about empathy, friendship and how to be a friend. We also had our personal safety lesson about "how to be safe on the street".

KEEP SCROLLING FOR MORE ...

- **Friday**, we talked about the first Commandment, sang the Commandment song and started on our Tablets. It was explained what a tablet was, how it was made and how God spoke to Moses through the burning bush, telling Moses of his 10 rules for people to live by, so the world would not be in chaos.
- We also drew a picture of ourselves and our 4th grade buddy(ies). We were careful to make them 2-D pictures, not stick people. We also made sure to use at least 5 colors and include 10 body parts.
- We played Zookeeper in the gym today with Coach Eager. Along with our usual walk/jog and stretching, we ran like zoo animals out of our cages, trying not to be tagged.
- We met with our 4th grade buddies who helped us complete a “Seeds” religion valentine activity. Our buddies then read a book to us.
- We listened to a book in the library with Mrs. Kim and checked out books.

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- Please remember, every Wednesday is an early release day at 2:00 p.m.
- One of our many goals is to teach independence to your child. We ask them to attempt all self-care (toileting, putting on shoes, putting on jackets, carrying their bags, hanging up their backpacks and coats, etc.) by themselves before helping if needed. We would appreciate if you would support this at home by allowing them to do as much as they can. They will surprise you!

Upcoming events in February and March

- **Feb. 13th**– Red, Pink and White Day, Valentine’s Day celebrated today! (P-8)
- **Feb. 14th**– Red, Pink and White Day (**Prek only**)
- **Feb. 14th**– Ash Wednesday, School Mass at 12:30 pm (Prek **not** attending)
- **Feb. 16** – No school/ Curriculum Day for staff
- **Feb. 19th and 20th** – No school for President’s Day and Midwinter Break
- **Feb. 23rd** – Used Uniform Sale
- **March 1st**– Enrollment for New Families Begins
- **March 2nd** – Growing Great Kids Auction and Gala -5pm Hotel Bellwether

PLEASE SEE THE WEDNESDAY NEWSLETTER ON ASSUMPTION SCHOOL WEBSITE FOR MORE INFORMATION ON ANY OF THE ABOVE.

<https://school.assumption.org/parent-resources/school-news/>