

NEWSLETTER

ASSUMPTION PRESCHOOL AND PREKINDERGARTEN

This week's News ~ September 25-29, 2023

Preschool:

- **Tuesday**, we talked about healthy bodies. We named things that can help us have healthy bodies, we created a picture of dirty hands, clean hands using crayons and “cork” paint, we sorted healthy/not healthy foods using daubers on paper and we exercised to CD music. We also read a book about “My Body”.
- We role-played how to help a friend who has fallen: how to help them up, ask “are you alright?” and, if appropriate, apologize (“I’m sorry). We also included how to be forgiving (“that’s ok”).
- We are really working on partner play. How to be a partner, how to take turns choosing an activity, how to play as a “partner”.
- **Thursday**, we talked about good manners. We listed some, practiced with each other through role-playing, read a book with school manners and we made a manners tree by cutting out a tree, our hands were branches and each branch had a good manner listed.
- We worked puzzles with our partners at partner play.
- We calmed our bodies using Monkey Mind after outside recess.

HOMEWORK (for the year):

Parents: Teaching your child a balanced, life-long healthy lifestyle can be a year-long goal by encouraging them to spend a good portion of the day outside, where they can exercise, get fresh air, explore God’s beautiful nature, and learn new skills. To promote healthy minds: drawing, coloring, cutting, writing, and reading to them (every day) are invaluable as well as limiting time in front of the TV and devices.

Prekindergarten:

Monday, we had music with Ms. Varon. We had fun moving to songs with rhythm and we practiced keeping the beat.

We talked about and sang a song about our 5 senses, which we then used in science activities. We looked through kaleidoscopes and I Spy books, we identified smells from sample bottles, we listened to and identified sounds on a phone, we identified tastes of jelly beans and we felt and identified items in a sock. We read a book about the 5 senses.

The children had indoor recess this afternoon. They danced and exercised to Jack Hartmann, a children’s exercise video.

KEEP SCROLLING FOR MORE INFORMATION

Wednesday, we started learning about apples by making apple prints with apple halves and green, yellow, red paint. We saw the star each apple has if cut in a certain way. We also recognized colors, sorted by size and measured around the apples.

We practiced writing the letters C,c and number 1 on chalk boards.

Our social emotional lesson today was about calming the chaos that happens at every change in the classroom.

It is our early release Wednesday.

No **Friday**, Mrs. Beshara was out of town.

HOMEWORK (for the year):

Parents: Teaching your child a balanced, life-long healthy lifestyle can be a year-long goal by encouraging them to spend a good portion of the day outside, where they can exercise, get fresh air, explore God's beautiful nature, and learn new skills. To promote healthy minds: drawing, coloring, cutting, writing, and reading to them (every day) are invaluable as well as limiting time in front of the TV and devices.

- **Please remember, every Wednesday is an early release day at 2:00 p.m.**
- **One of our many goals is to teach independence to your child. We ask them to attempt all self-care (wiping after toilet, putting on shoes, putting on jackets, carrying their bags, hanging up their backpacks and coats, etc.) by themselves before helping if needed. We would appreciate if you would support this at home by allowing them to do as much as they can. They will surprise you!**

KEEP SCROLLING FOR MORE INFORMATION

Upcoming events in October:

- **Wed., Oct. 4th – St. Francis Prayer/Blessing of the Animals @8am in the traffic loop**
- **Tues., Oct. 10 Picture retakes**
- **Fri., Oct 13th – No School- Staff Retreat**
- **Sat. Oct. 21 – Bellewood Farm invite: 10:00-12:00**
- **Fri., Oct. 27 Prek will attend Mass – 8:15 a.m.**
- **Sat., Oct. 28 – Trunk or Treat (after 5:00 p.m. mass)**
- **Mon., Oct. 30 – Principal's Coffee 8:00 a.m. library**
- **Mon., Oct. 30 – Prek children may wear costumes (if they can be played in at recess)**
- **Tues., Oct. 31 Preschoolers may wear costumes (if they can be played in at recess)**

PLEASE SEE THE WEDNESDAY NEWSLETTER ON ASSUMPTION SCHOOL WEBPAGE FOR MORE INFORMATION ON ANY OF THE ABOVE.

<https://school.assumption.org/parent-resources/school-news/>