

NEWSLETTER

ASSUMPTION PRESCHOOL AND PREKINDERGARTEN

This week's News ~ September 18-22, 2023

Preschool:

- **Tuesday**, we talked about our friends at school and kindness. We sang a friendship/name song, clapped for our friends, read a story with kind words, and wrote them on the board. We put thumbprints on a heart for each of our friends, we thought of kind words to use, and we participated in a friend recognition song.
- We listened to two bible stories about the kindness of saints.
- We imagined with Monkey Mind to calm our bodies. We also read "I can do this Myself".
- **Thursday**, we talked about recognizing body parts. We sang a body part song, point and name the part, danced to a body part song, and we played "Head and Shoulders". We colored a picture of ourselves, then cut it into fours to make a puzzle.
- We are learning good manners on the playground and in the classroom. We are practicing keeping our hands to ourselves, our words kind, and our actions gentle. We are learning to keep our chair pulled up to the table, eating over our napkin (plate), using utensils when needed, chewing with mouth closed, etc. It would be so helpful to have these practices supported at home also. Thank you.

HOMEWORK (for the year):

Parents: Teaching your child a balanced, life-long healthy lifestyle can be a year-long goal by encouraging them to spend a good portion of the day outside, where they can exercise, get fresh air, explore God's beautiful nature, and learn new skills. To promote healthy minds: drawing, coloring, cutting, writing, and reading to them (every day) are invaluable as well as limiting time in front of the TV and devices.

Prekindergarten:

- **Monday** is our music day with Ms. Varon. We sang collaboratively and participated in movement songs. We are learning to keep the beat by patting our legs in tempo.
- We talked about body parts, sang, and moved to body parts songs and played Simon Says. We also cut and glued body parts onto a picture and looked at a book about our bodies.
- We talked about the letters B,b, the alphabet, how to write them and words that start with a B.
- We continued talking about our families and showing the class family pictures.
- We had our Monkey Mind relaxation activity and free choice play.

KEEP SCROLLING FOR MORE INFORMATION

- **Wednesday**, we talked about how to keep our bodies healthy. We came up with a list of things we can do, focusing on exercise, healthy foods, and brushing our teeth. We also sang a healthy body song and chose whether to “color” or “cross” pictures of different foods. At center time we rotated between exercise, sorting foods, and practicing brushing teeth.
- We also practiced writing B,b and number 1.
- We talked about listening to cues and putting our attention scopes on Sam and Andy, the puppets.
- Today was our early release Wednesday.
- **Friday**, we talked about good manners. We made a list of good manners, heard good manners poems, and made a good manners tree by drawing lines, cutting, gluing, and dictating good manners. We also practiced good manners with a partner and focused on them at snack and lunch time.
- We had PE with Ms. Eager in the gym today. We played a game of keeping the balloon off the floor using our thumbs, our hands, and our heads.
- Mrs. Kim read a story at library time and we checked out books for the classroom.

HOMEWORK (for the year):

Parents: Teaching your child a balanced, life-long healthy lifestyle can be a year-long goal by encouraging them to spend a good portion of the day outside, where they can exercise, get fresh air, explore God’s beautiful nature, and learn new skills. To promote healthy minds: drawing, coloring, cutting, writing, and reading to them (every day) are invaluable as well as limiting time in front of the TV and devices.

- **Please remember, every Wednesday is an early release day at 2:00 p.m.**
- **One of our many goals is to teach independence to your child. We ask them to attempt all self-care (wiping after toilet, putting on shoes, putting on jackets, carrying their bags, hanging up their backpacks and coats, etc.) by themselves before helping if needed. We would appreciate if you would support this at home by allowing them to do as much as they can. They will surprise you!**

KEEP SCROLLING FOR MORE INFORMATION

Upcoming events in September/October:

- Sept. 25th – Principal's Coffee 8:15 (Come and get all your questions answered. Translation provided.)
- Individual picture day, Tuesday, September 26 for Preschool
- Individual picture day, Wednesday, September 27 for Prekindergarten
- Oct. 4th – St. Francis Prayer/Blessing of the Animals @8am in the traffic loop
- Oct 13th – No School- Staff Retreat

PLEASE SEE THE WEDNESDAY NEWSLETTER ON ASSUMPTION SCHOOL WEBPAGE FOR MORE INFORMATION ON ANY OF THE ABOVE.

<https://school.assumption.org/parent-resources/school-news/>